Shoreline Senior Center
November 2026 11:45 – 12:15 206-365-1536

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Meatloaf Rolls with Butter Roasted Veggies Fruit Salad Dessert	**Sweet & Sour Chicken** Brown Rice Stir Fried Veggies Fruit Medley Dessert	**Spaghetti with Meatballs** Three Bean Salad Garlic Bread Fruit Dessert	**BBQ Pulled Pork Sandwich** Coleslaw with Pickle Spear Fries Applesauce Dessert	**Shepherd's Pie** Roll with Butter Fresh Green Salad with Veggies Fresh Fruit Dessert
9	10 Cuba	11	12	13
Lasagna Italian Vegetables Salad Bread with Butter Fruit Medley Dessert	**Ropa Vieja** Lime Cilantro Rice Roasted Veggies Fruit Salad Dessert	**CLOSED** **Veterans Day**	**German Sausage** Braised Red Cabbage German Potato Salad Fruit Salad Dessert	**Tofu Teriyaki** White Rice Cabbage and Carrot Salad Fresh Fruit Medley Dessert
16	17	18	19	20 Portugal
Roast Turkey Stuffing, Mashed Potatoes & Gravy Green Beans Fresh Fruit Dessert	**Chickpea and Spinach Casserole** Roasted Potatoes Lentil Salad Fresh Fruit Dessert	**Roasted Pork & Sauerkraut** Roasted Potatoes Roasted Veggies Fruit Medley Dessert	**Chicken Tagine** Couscous Roasted Carrots Fresh Fruit Dessert	**Caldo Verde** Rolls with Butter Roasted Veggies Fresh Fruit Dessert
23	24	25	26	27
Chicken Taco Salad Corn Tortilla Spanish Rice Roasted Veggies Fruit	**Yucatan Pork Stew** Roasted Potatoes Roasted Veggies Fresh Fruit Dessert	**Vegetable Beef Stew** Roll with Butter Cucumber Salad Roasted Apples Dessert	**Closed** **Thanksgiving**	**Closed**
30				
Chicken Noodle Soup Rolls with Butter Roasted Veggie Salad Fresh Fruit Dessert	**MENU SUBJECT TO CHANGE**	**2026 Members** with a November birthday may receive one complimentary lunch during November. Ask for details	A **$5** donation is suggested for seniors 60 and older. **People under 60 can enjoy a meal for $10.**	*Please Call ahead with any allergy requirements so we can ensure alternatives