

Shoreline Senior Center (Revised Menu)

October 2026 11:45 - 12:15 206-365-1536

Monday	Tuesday	Wednesday	Thursday	Friday
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MENU SUBJECT TO CHANGE	2026 Members with an October birthday may receive one complimentary lunch during October. Ask for details	A \$5 donation is suggested for seniors 60 and older. People under 60 can enjoy a meal for \$10.	Chicken Maffe Roasted Stuffed Tomatoes with Spinach Salad Naan Bread Fruit Medley Dessert	Pork Pozole Corn Tortilla Chips Mixed Green Salad Fruit Cup Dessert
5	6	7	8	9
Chicken Burger with Bun Mixed Green Salad Fresh Fruit Dessert	Bean & Cheese Burritos Steamed Veggies Fruit Salad Dessert	Grilled Cheese with Ham Tomato Soup Garden Salad W/ Fresh Veggies Fruit Medley Dessert	Shepherd's Pie Roll with Butter Mixed Green Salad Fruit Cup Dessert	Chicken Tenders French Fries Steamed Vegetables Fruit Cocktail Dessert
12	13	14	15	16
Closed For Indigenous Peoples Day	Gumbo White Rice Collard Greens Fruit Harmony Dessert	Beef Enchiladas Spanish Rice Roasted Veggies Assorted Fruit Dessert	Chicken & Dumplings Garden Salad Mixed Fruit Dessert	Pork Teriyaki White Rice Cabbage And Carrot Salad Fresh Fruit Cup Dessert
19	20	21	22	23 (Greece)
Biscuits & Sausage Gravy Buttermilk Biscuits Roasted Potatoes & Veggies Fruit Cocktail Dessert	Tuna Tetrazzini Rolls with Butter Roasted Veggies Fruit Cup Dessert	Sloppy Joes with Bun Spinach And Cucumber Salad Fresh Fruit Dessert	Country Ribs Mashed Potatoes Chopped Spinach Fruit Salad Dessert	Moussaka Pita Bread Green Salad with Veggies Fruit Medley Dessert
26	27	28	29	30
Beef Ravioli Roasted Squash Collard Green and Cauliflower Fresh Fruit Dessert	Hungarian Goulash Rolls with Butter Roasted Veggies Mixed Fruit Salad Dessert	Sailsbury Steak Roll with Butter Spinach Salad with Veggies Fruit Medley Dessert	Vegetarian Chili White Rice Garden Veggie Salad Fruit Symphony Dessert	BBQ Chicken Mashed Potatoes Roasted Veggies Fresh Fruit Ensemble Dessert

*Please Call ahead with any allergy requirements so we can ensure alternatives